



# Mid Maine TimeBank

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## Make It Count.

### *TIME FOR:*

Minor Home Repair  
Car Repair & Maintenance  
Wellness  
Pet Care  
Transportation  
Tutoring  
Classes  
Storytelling  
Errands  
Cooking  
Computer Assistance  
Garden/Yard Work  
Housekeeping  
Budgeting  
Clerical  
Jewelry Making  
Aromatherapy  
Arts & Crafts  
Haircuts  
Planning a Party  
Tax Help  
Language Translation  
Website Design  
Moving Assistance  
Painting  
Mending & Alterations  
Guitar Lessons  
Community Projects  
and more...

### *What is a Time Bank?*

Time Banks record and reward the things we do to help our friends and neighbors with time credits, or Time Dollars, a non-taxable, complimentary currency weaving our traditions of independence and social networking. It's like barn raising for the computer age, a local currency of cooperation and mutual support. Some things are not about money: help at home, teaching skills, or making democracy work in our own neighborhoods. For those things, we need a different kind of labor, one not based on price but on our willingness to trust in community. It's your time. Make it count.



### *Members*

Individuals  
Non-profits  
Businesses  
Schools  
Social Agencies  
Churches  
Neighborhood Groups  
Clubs

[www.midmetimebank.org](http://www.midmetimebank.org)

# MID MAINE TIMEBANK

## CORE VALUES

### ASSETS

We are all assets. Everyone has something of value to contribute.

### REDEFINING WORK

Some work is beyond price.

### RECIPROCITY

Helping works better as a two-way street.

### COMMUNITY

We need each other. We are stronger together.

### RESPECT

We honor and respect members for where they are in the moment, not where we expect them to be at some future point. Respect demands accountability.

